

FOR TRI-COUNTY EC MEMBERS

Pathways to Peace

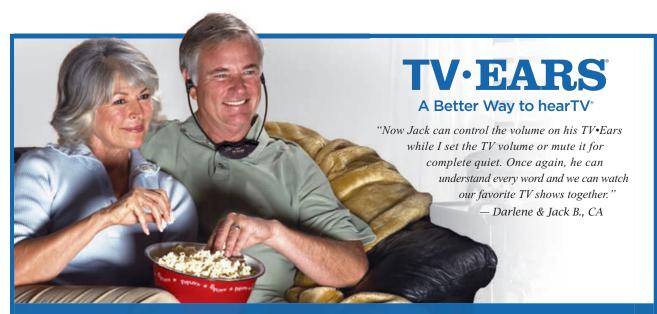
Finding healing in labyrinths across Texas

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TRI-COUNTY EC NEWS

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SEE PAGE 16



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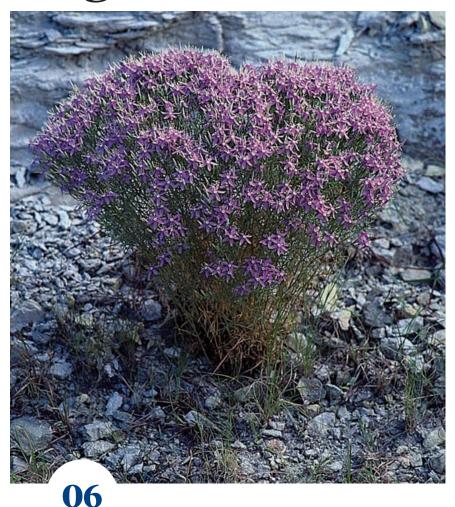
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Texas Coop Power

August 2023



Shelf Useful

Scooter Cheatham has dedicated his life to voluminous books that document uses for Texas' plants.

By Sheryl Smith-Rodgers

Make Your 10 Circles of Life

> Labyrinths provide 'a profound sense of renewal and peace.'

Story and photos by Laura Jenkins

Currents The latest buzz

TCP Talk Readers respond

Co-op News Information plus energy and safety tips from your cooperative

Footnotes in **Texas History** A Page of the Past By W.F. Strong

TCP Kitchen Sheet Pan Meals By Vianney Rodriguez

Hit the Road Extracurricular Activities By Chet Garner

Focus on Texas Photo Contest: Hoof and Horn

Observations Off the Hook? By Patty Moynahan

ON THE COVER Alison Hannah walks the labyrinth at Unity of Wimberley. Photo by Laura Jenkins Mountain pink is a great plant

for rock gardens. Photo courtesy Useful Wild Plants



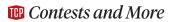
Wreck the Record

CALL 'EM the first family of Texas Tech.

With 44 alumni in the fold, the Wuensches set a world record for most members of a family to graduate from the same university.

Francis Wuensche, from the small town of Wilson that's about 20 miles south of Lubbock, started the procession with a degree in zoology in 1953. Three generations later, Andrew Simnacher accepted the family's 44th diploma in December 2021.

And the Wuensches, many of whom are members of electric cooperatives around the state, aren't done. Three more members of the extended family enrolled as freshmen last fall.



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TEXAS GULF SHRIMP GIVEAWAY

Two readers will each win 5 pounds of wild-caught Texas shrimp. Enter now to win. Contest ends August 31.



August 3

National Watermelon Day

Texas ranks fourth in the U.S. in watermelon production, growing 11% of the 3.4 billion pounds harvested annually. Together, Florida, Georgia, California and Texas produce three-fourths of the refreshing fruit.

FINISH THIS SENTENCE

Back to school means ...

Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town.

Here are some of the responses to our June prompt: Thanks, Dad, for ...

Never judging us and always giving us your unconditional love and attention. FLVIRA PULIDO MAGIC VALLEY EC MISSION

Making me get back on the horse. LYNNE SINGHOFF DEEP EAST TEXAS EC HEMPHILL

Teaching me to use your tools, believing in me and forgiving me when I messed up.

ROSE HOLLY PEDERNALES EC GEORGETOWN

Teaching me when I was 14 to back a trailer load full of cattle through the gate.

SHIRLEY HAMPTON HORSESHOE BAY

Visit our website to see more responses.









Talkin' Texan

Not sure what took them so long. but the folks behind the official Scrabble dictionary finally added a few words to the book that have been heard in these parts for generations: guac, queso and yeehaw.

These potentially high-scoring words are among about 500 new words in the Official Scrabble Players Dictionary, which gets updated every few years.



In a Whole New Light

"My wife and I just visited the Morse Museum in Florida and its large collection of Tiffany works. We can't wait to visit the Gelman Stained Glass Museum."

RICHARD SANTAMARIA PEDERNALES EC DRIPPING SPRINGS

Tongue-Tied

My maternal grandparents both immigrated to Texas from Germany and Austria in the decades before World War I [Auf Wiedersehen, May 2023]. My mother, born in the early 1920s, was their only child, and her first language was German. Neither my sister nor I were ever taught German.

Much later in life, I oft wondered why we were not given the gift of a second language.

John W. Palm Jr. Hamilton County EC Lampasas

Just Dew It

I have dewberries growing all around my house [*Crawling With Trouble*, May 2023]. I fought them for years trying to get rid of them, but you can't. Then after harvesting some, I made a cobbler and just decided to cultivate them instead.

Sherrie Taylor Via Facebook



Westward Bound

Rise Up West [April 2023] was hauntingly familiar. An ancestor moved to West around the end of the Civil War from an area that became the Czech Republic. An uncle told me they left the old country because it was involved in a civil war of its own. That they left one country due to civil war only to arrive in the U.S. with its own civil war is ironic.

Ken Konvicka United Cooperative Services Graford

Mockingbirds Are Mean

I regret that the mockingbird is our state bird [Roll Out the Red Carpet, December 2022]. Whoever put the mockingbird up for this prestigious position obviously knew nothing about the mockingbird.

The mockingbird is very aggressive and mean. On several occasions, I have been fortunate enough to intervene and save the lives of bluebirds and cardinals from mockingbirds.

Roberta McLaughlin Heart of Texas EC Lorena

WRITE TO US
letters@TexasCoopPower.com

Editor, Texas Co-op Power 1122 Colorado St., 24th Floor Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

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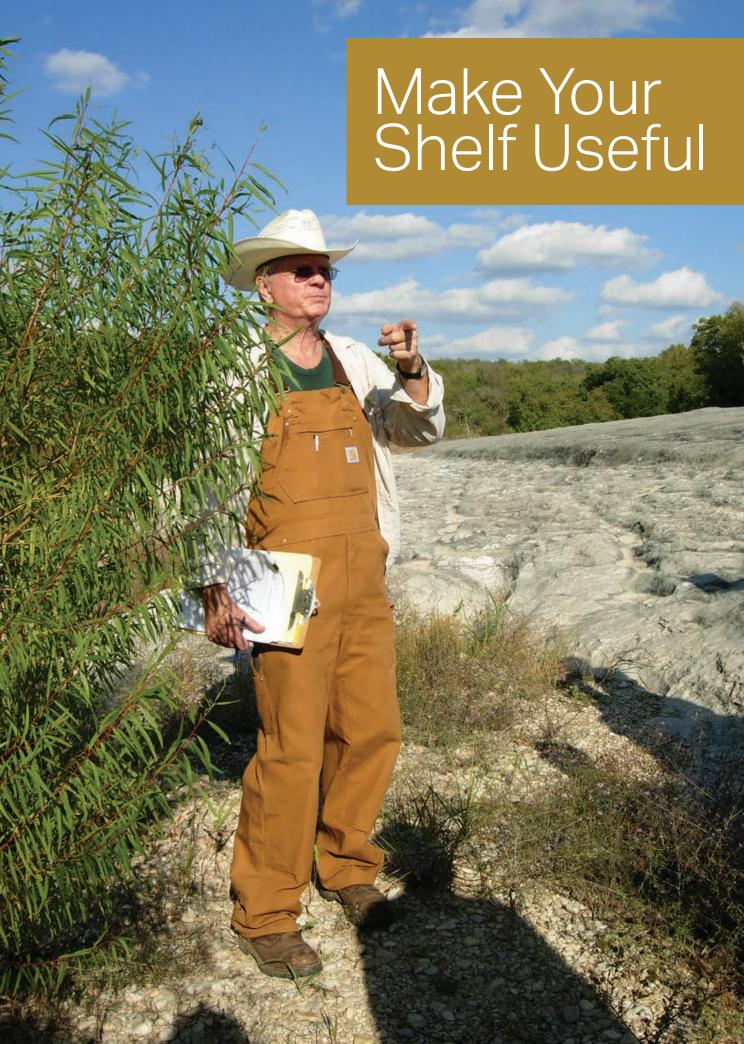
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Texas Electric Cooperatives









YEARS AGO Scooter Cheatham asked a classroom of high school sophomores to figure out how plants play a role in everything around them. As an example, he challenged them to connect plants to a pair of scissors. The Austin students, hoping for an easy answer, contacted the manufacturer. "There are no plants in our scissors," a representative emailed back.

The response forced the teens to do their research. Ultimately "they learned that the manufacturing of steel to make scissors requires coal," Cheatham says. "The orange plastic handles are derived from petrochemicals. The students also realized that the company representative was as 'plant blind' as everyone else about the importance of plants in our lives."

They matter so much, in fact, that Cheatham has made them his lifelong mission. Plants support our food, health and industry—even contributing to the formation of coal and petrochemicals. For more than 50 years, he and his collaborators have worked to compile the ultimate reference encyclopedia: The Useful Wild Plants of Texas, the Southeastern and Southwestern United States, the Southern Plains, and Northern Mexico.

Since 1995, Cheatham's nonprofit Useful Wild Plants has published four volumes, each counting 600 or more pages and collectively weighing nearly 20 pounds. When completed, the set will include at least 20 volumes and document the economic uses of more than 4,000 plant species, both native and naturalized.

"There's nothing else like our volumes in the world," says Cheatham, seated at UWP's office in East Austin. "They're the most comprehensive, interdisciplinary treatment of plant species ever done, going back to their prehistoric uses and forward to the most recent chemistry.

"People ask if this is our passion," adds the self-educated botanist. "I say it's our obligation to the planet. We've *got* to do this, or we won't be ready when we run out of oil and gas.

OPPOSITE Scooter Cheatham, 77, has been documenting plants since 1971. THIS PAGE, FROM TOP The sweet, slightly tart berries of an agarita, an evergreen shrub with many medicinal uses, can be made into wine and coffee. A honey-scented agarita in bloom.



The smallest single plant on our planet has more promise for our future than anything we could study in outer space."

Whenever his time allows, Cheatham, an architect and community and regional planner by profession, returns to Cuero, where he grew up gardening, milking cows and riding horses. As a boy, he explored and hunted on his grandmother's nearby ranch along the Guadalupe River, a portion of which he owns today. Back then, he didn't pay much attention to the live oaks, native grasses and other plants.

That was, until 1971, when he and a pal, both students at the University of Texas, embarked on an "experimental" archaeology project. During spring break, they lived off Cheatham's family land like Indigenous peoples once did, using tools they'd made themselves. The experience profoundly impacted Cheatham.

"For 10 days, all we ate was a possum and an armadillo," he recalls. "Out there, we were surrounded by plants. But I knew only a few common ones, like pecans and dewberries. That's when I realized how much we rely on plants."

The lightbulb moment inspired a yearning to learn more about the value of flora. Back on campus, Cheatham visited botanist Marshall Johnston, who the year before had cowritten and published the 1,881-page Manual of Vascular Plants of Texas. Cheatham asked the professor if there was a comprehensive resource on the *usefulness* of plants. "No," Johnston told the younger man. "You should do it."

So in 1971, at age 26, Cheatham began what would turn into a monumental, decadeslong undertaking.

Alongside the project, Cheatham, an accomplished artist and photographer, taught architecture and watercolor classes at UT for 10 years. He also led classes that taught students how to forage for wild edibles.

Plants support our food, health and industry—even contributing to the formation of coal and petrochemicals.

In 1977, a recent UT anthropology graduate named Lynn Marshall signed up for the foraging class and agreed to pay for half her course fees by volunteering with UWP. She never left. Like Cheatham, she has dedicated herself to the endeavor.

At the project's start, compiling just the species list and project parameters took a year and a half. Then Cheatham and Johnston traveled extensively, photographing plants in various stages of life. Filing cabinets in UWP's office contain their 350,000 slides. More filing cabinets house thousands of manila folders, each labeled by plant genus and packed with notes, printouts and research.

In 1995, Cheatham; Johnston, who has since retired; and Marshall published their first volume. Subsequent volumes followed in 2000, 2009 and 2015. They may be ordered through the UWP website at usefulwildplants.org.

The tomes are made to last. "We believe people will need them for several hundred years," Cheatham says. "So we don't use cheap paper that would turn yellow in 18 months."

Altogether, the four volumes published so far document 833 species. Organized alphabetically by genus, Volume 1 begins with *Abronia* (sand verbenas) and ends with *Arundo* (giant cane). Volume 4 covers *Cenchrus* (grassburs) through *Convolvulus* (wild morning glories). Still in progress, Volume 5 will begin with *Conyza* (horseweed).

Each genus section includes species descriptions, range maps and color images. Subheadings enable readers to quickly find specific information, such as "Native American food uses," "chemical components" and "author dye tests." OPPOSITE The drought-hardy damianita boasts aromatic blooms in spring and summer. FROM LEFT Prairie paint-brush blossoms attract hummingbirds and bees. A Texas redbud's young seedpods are edible.



Entries run from less than one page to dozens. For example, *Bowlesia* (Bowles parsley) is a scant page, but *Carex* (sedges)—the largest genus in Texas flora—fills 76 pages.

Most people know about grassburs. When stepped on, their spiny seedheads hurt like the blazes to pull out—hence their reputation as a detestable weed. But surprise: "Some members of the genus *Centhrus* are highly valued as range grasses that increase the lease value of grazing lands," according to The Useful Wild Plants of Texas. "Native Americans of the Southwest and prehistoric people of Texas used *Centhrus* for food, therapy and utilitarian purposes."

With more than a dozen volumes and thousands of entries still to publish, Cheatham hopes to recruit and train more staff

"Lynn and I are spread extremely thin," he says. "Right now, we're in a phase to raise consciousness about the importance of plants and publicize what we're doing so we can raise the funds necessary to build a team that will finish this project. With a full staff, all the volumes could be completed in seven years.

"People need to know about Useful Wild Plants so they'll carry it on after we're gone," he says. "This project belongs to the world."

Putting Plants To Use

Gleaned from the pages of The Useful Wild Plants of Texas:

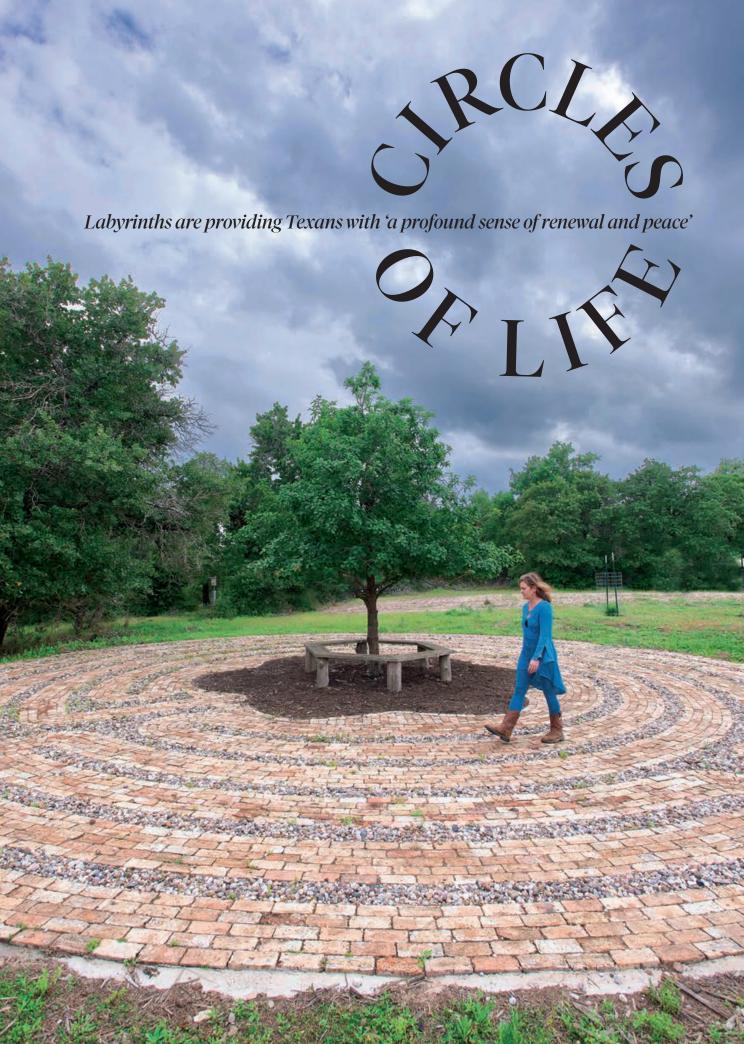
Beebrush A thornless shrub with fragrant flowers. Add its fresh or dried leaves to dishes as a spice that tastes similar to oregano.

Hackberry A widespread deciduous tree that grows 50–80 feet tall. Make a toothbrush from a pencil-sized stem. Peel the bark from one end, then chew (or pound with a hammer) to spread out the fibers.

Inland sea oats A grass with drooping, oatlike seedheads. Seeds can be toasted and milled into a coarse meal. For best results, use a batter bread recipe that calls for boiling the grains before baking.

Ragweed Flowering plants best known for causing hay fever. A poultice of leaves applied to a poison ivy rash is said to ease the itch.

Trumpet creeper A woody vine with reddish-orange flowers. Collect roots to make ropes up to 30 feet long. Peel off the outer layer and boil for two to three hours in lye water, then pound with a wooden mallet to soften. Twist the strands into a half-inch-wide rope.



STORY AND PHOTOS BY LAURA JENKINS

BOUT 20 MINUTES northwest of
Bastrop State Park, a labyrinth lies beneath a grove of
towering cedar elms. Seven circles of sandstone, Colorado River rock and honeycomb limestone—all native
to the area—comprise what's known as a Cretan, or classical, design at Bastrop Botanical Gardens. A shepherd's
hook, the name of the long, perpendicular row that leads
straight to the bench in the center of the labyrinth, is
lined with an eclectic array of rocks and stones, gifts
that Deena Spellman received for her birthday in 2012.

Each stone has a story. They celebrate friendships, symbolize memories and mark devastating losses. It was loss, in fact, that inspired Spellman to begin

constructing the labyrinth she'd been dreaming of building for more than a decade.

"After the Bastrop County Complex Fire destroyed so many of our neighbors' and customers' homes in 2011, I wanted to create a space where people could find some peace and maybe a little hope," says Spellman, the owner of Bastrop Botanical Gardens, a boutique nursery. "Since then, many people who needed a quiet place to heal have walked the labyrinth. The Cretan part gives you time to contemplate what's on your mind while you're walking to the center, or source. The shepherd's hook gives you direct access. Sometimes you just need to get to source."

Simply put, a labyrinth is a meandering path leading to a center, a geometric framework for walking, meditation and reflection. Many use it as a tool for personal and spiritual transformation. There are more than 4,500 documented labyrinths in the U.S., according to the World-Wide Labyrinth Locator.

OPPOSITE Karen Knight, a certified labyrinth facilitator, walks the labyrinth at her Ardor Wood Farm in Red Rock. ABOVE Deena Spellman created the labyrinth at Bastrop Botanical Gardens so visitors can "find some peace and maybe a little hope."



At last count, 240 were listed in Texas—most open to the public, though a handful are private.

Many Texas labyrinths are situated at houses of worship or spiritual retreat centers, but they're not just for religious folks. There's a labyrinth in the meditation garden at the National Vietnam War Museum in Weatherford. The UTHealth Houston nursing school installed one

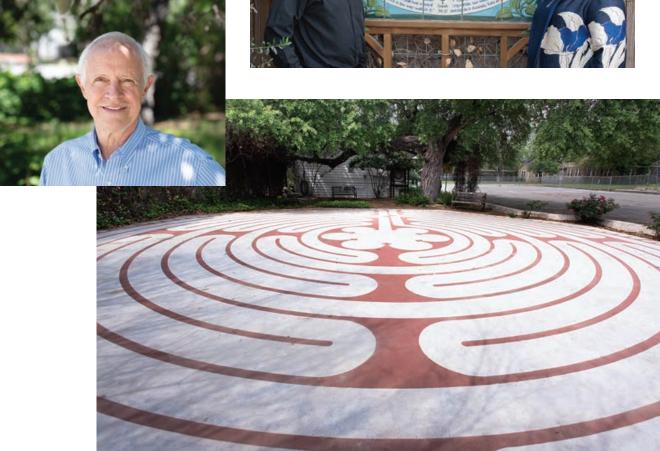
for students as a means of reducing stress. You can find labyrinths at parks, schools and retirement centers.

They're by no means new. The oldest documented labyrinth dates to 1200 B.C. It was found in Pylos, Greece.

Many conflate labyrinths and mazes, but there's one major difference between the two. Mazes may offer numerous possible routes to the center, some of which are dead ends. But labyrinths feature only one nonbranching route to the center. One way in, and one way out. They're ancient archetypes—multicultural symbols that have been found on every continent except Antarctica.

CLOCKWISE FROM RIGHT The Rev. Mike Marsh and Brenda Faulkner, director of programs at Children's Bereavement Center of South Texas. The St. Philip's Episcopal Church labyrinth in Uvalde. Labyrinth guru Robert Ferré.





"Before we begin, I encourage people to start in a place of gratitude and to keep the three Rs in mind: releasing, receiving and returning," Karen Knight says.

Robert Ferré, a retired labyrinth builder and author of the book *The Labyrinth Revival: A Personal Account*, says labyrinths went from being archetypal symbols to walkable structures sometime in the Middle Ages.

"Originally labyrinths were small drawings and illustrations in manuscripts," says Ferré, who lives in San Antonio and has designed more than 1,100 labyrinths worldwide. "At some point somebody decided to build one large enough that they could walk around in. It became a symbol you could embody.

"I think labyrinths reflect a spiritual need in a society that has wandered into living too shallowly, or on the surface of things," he says. "They signal our need to go deeper."

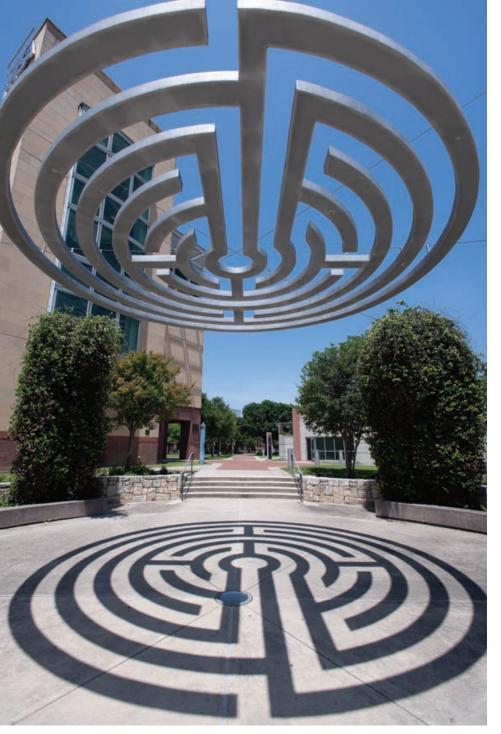
Using a labyrinth as a means of self-reflection is something Karen Knight knows a lot about. She's a certified labyrinth facilitator and co-owner of Ardor Wood Farm in Red Rock. She became interested in labyrinths in 2011 after visiting Chartres Cathedral in France. Her husband, Graham

Pierce, built a labyrinth in the cathedral's style at their farm for Knight's 50th birthday, a gift that their camping and retreat guests often utilize.

Knight also offers "labyrinth magic" experiences, wherein she guides people through the labyrinth using the Veriditas method, which she learned from one of the world's foremost labyrinth authorities, the Rev. Dr. Lauren Artress.

"Before we begin, I encourage people to start in a place of gratitude and to keep the three Rs in mind: releasing, receiving and returning," Knight says. "You're releasing on the way in during your walk. Perhaps there's a specific thing you're letting go of, or maybe you're just releasing the busy chatter in your head. You're receiving and staying open while you're in the middle, and as you return you're taking your experience home.

"I feel like it's a moving meditation," she says. "People need a pause. We're often busy, depleted or distressed, and labyrinths can bring a profound sense of renewal and peace."



A suspended sculpture by Lewis deSoto creates a labyrinth in shadow on the University of Texas at San Antonio's downtown campus.

to cope with trauma and grief. They've committed to a presence of at least five years in the small town. Brenda Faulkner, the director of programs, moved to Uvalde to take the job—not only because her son, daughter-in-law and two grandsons live there but also because she wanted to help the community heal.

She had used labyrinths as a therapeutic tool for years, so using the one at St. Philip's with some of the children came naturally to her.

"I've found that walking the sacred path, which is what Mike calls their labyrinth, serves a couple of purposes," Faulkner says. "One is that it gets us outdoors. We have a lot of beautiful days in Uvalde. At the beginning of the path I say, 'I'm old, so you're going to have to go slower for me so I can keep up with you.' And as we walk, we talk. It's also great

because it's a very physical thing. As they're moving and we're talking, they're often not even aware that the therapeutic process is going on.

"What's interesting about walking a labyrinth," she says, "is that just about the time you think you're done, you're only a quarter done, which kind of correlates with the grief process."

Marsh has observed the same thing.

"There's a metaphor in the walking," he says. "If you follow the path, you're not going to get lost. You may get disoriented because it looks like you're getting almost to the center and then you're way out on the periphery again. But the discipline is to follow the path. Don't overthink it."

HE REV. MIKE MARSH was sold on the benefits of labyrinths long before he became the rector of St. Philip's Episcopal Church in Uvalde in 2005. Nine years later, he and Ferré designed and built one for the church. It was a gift to the community, and now it's a place of respite in the aftermath of the 2022 Robb Elementary School shooting.

"I've seen many individuals and families linger there over the years," Marsh says.

San Antonio-based Children's Bereavement Center of South Texas uses a church building that is adjacent to the labyrinth to serve children in the community struggling

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BACK TO SCHOOL

ELECTRIC CO-OPS CONTINUALLY LEARN TO IMPROVE SERVICE FOR MEMBERS

It's a new school year, and students of all ages are getting ready for a fresh start. Kindergarteners and college students—and all students in between—will crack open books to build their skills, widen their perspectives and gain new knowledge.

In much the same way, Tri-County Electric Cooperative is continually learning the best ways to implement technology and processes that improve electric service, reliability and safety and, in turn, enhance the quality of life for the members we serve. 35756001



Tri-County Electric Co-op is tapped into energy sector trends in an industry that's rapidly changing. Innovations in technology and fuel types are increasing consumer demands and expectations. People are looking for more ways to manage their energy use with smart technologies, and folks expect more convenient payment methods—whether through automatic bill pay, online or through TCEC Connect, our mobile app.

We're always looking into opportunities to make life easier for our members. At the same time, we never lose sight of our top priority—laid out by our founders more than 80 years ago: providing safe, reliable and affordable electricity to the communities we serve.

Automated meter reading automatically collects energy consumption data and transfers it from the electric meter to the co-op. Because this information can be collected remotely, it enhances our system's efficiency, helps control costs and improves work processes.

Advanced metering infrastructure (AMI) takes this tech one step further. This integrated system of smart meters, communications networks and data management systems enables two-way communication between your cooperative and its members' meters. In the event of an outage, AMI helps

to distinguish between events that impact a single home and something more widespread.

This distinction is critical because resolving these issues requires very different processes. Two-way communication is integral to AMI because it provides a means to verify that power has been restored after an outage. However, one of the biggest benefits of improved metering technologies, especially for outages caused by extreme weather, is pinpointing the outage location, which helps to reduce risk for crews out on the road during severe weather.

In addition to providing essential information during major outages, Tri-County Electric Co-op analyzes AMI data for anomalies including faults, damaged meters and energy theft. Detecting these problems early helps our cooperative save money and improves reliability for the community.

Tri-County Electric Co-op continues to watch industry trends to provide the best service possible to our members. It is in our mission to provide safe, reliable, and competitive electric and customer service, and monitoring member feedback helps us fulfill our duty. Our industry is ever changing, and we will change with it to make sure we take care of our members. This includes maintaining our electric lines, and providing first-class, prompt service across the co-op.

For Tri-County Electric Co-op, our "school year" is never over. We'll continue to learn from our members about their priorities, and we'll continue to study and research the issues so that we can better serve you—now and well into the future.





MEMBER ENGAGEMENT

EVENTS

Tri-County Electric Cooperative will be attending community events in our service territory in an effort to reach more of our membership. This will provide you with one-on-one access with employees across departments in your co-op. Win bill credits and take home gifts when you visit our bright red tent and register. Bring the event ticket below to our booth and you will take home a member-exclusive gift.

Check out the upcoming events below and find an event near you!

UPCOMING EVENTS







2023 ELECTION AND ANNUAL MEETING

DIRECTOR ELECTION

Members have the opportunity to vote on three director seats this year – districts 1, 2 and 4. The following six candidates will be on the ballot next month:

DISTRICT 1

DISTRICT 2

DISTRICT 4

Kevin Ingle, incumbent

Margaret Koprek, incumbent

Jerry Walden, incumbent David Miller, nomination candidate Julie Walden, petition candidate Stan Mickle, petition candidate

Candidate biographies start on the next page. Members can join us for the Director Candidate Forum on Monday, August 21 at 6:00 p.m. to learn more about each candidate.

Ballots will be mailed on the back of the September *Texas Co-op Power* magazine, as well as emailed to members with active email addresses on file in our system. For the past three years, we have offered the traditional mail-in voting and online voting using the credentials on your ballot and are bringing back email balloting for your convenience. Members can expect your ballot in your email inbox on September 1. 7962100001

The election opens September 1 and closes September 27 at 5 p.m. Voting in the director election is one of your rights and responsibilities as a co-op member-owner. Members who vote by the deadline will receive a \$25 bill credit for participating and will be entered into the door prize drawing at Annual Meeting. The \$25 bill credit is our thank you for taking the time to invest in your co-op.



ANNUAL MEETING

Tri-County Electric Co-op's 84th Annual Meeting of the Members is Monday, October 16, at 7 p.m. We are hosting the meeting virtually for your convenience. Members can watch online or listen by phone – from your home, office, car or wherever you may be. This year's Annual Meeting will include a financial update, results from the director election, a co-op update and door prizes. The virtual platform paired with the flexible voting methods allows members to participate in a way that meets your needs. After all, what can be better than earning a \$25 bill credit through voting in the election and waiting to hear your name as a door prize winner? The Annual Meeting is our way of showing appreciation to you, our members.

84TH ANNUAL MEETING OF THE MEMBERS



2023 DIRECTOR ELECTION: CANDIDATES

MEMBERS HAVE THE OPPORTUNITY to vote on three director seats this year – districts 1, 2, and 4. Six candidates met the qualifications in the director election and will be on the ballot this September.



MEVIN INGLE

Kevin Ingle was appointed to the Tri-County Electric Cooperative Board of Directors in February 2021 to fill the vacant urban position.

Ingle completed training requirements for his Credentialed Cooperative Director (CCD) certificate through the National Rural Electric Cooperative Association (NRECA).

Ingle works at GM Financial as the Vice President of Servicing Analytics, where he leads a team of professional data analysts, serves on several committees, and is active in the employee mentoring program. He holds a bachelor's degree from the University of Tulsa and a master's degree in business administration from the University of Texas at Arlington.

Ingle maintains an active role in his community. Currently, he serves as an industry advisor to the Master's of Business Analytics and Data Science program at Oklahoma State University and volunteers for the Salvation Army Angel Tree project as well as with Junior Achievement. He previously served as the president of his community homeowners association and previously served as the president of the Azle Municipal Development District.



DISTRICT

MARGARET

KOPREK

INCUMBENT

2

Margaret Koprek has served on the Tri-County Electric Cooperative Board of Directors since March 2021. Currently, she serves as the board secretary/treasurer.

Koprek completed training requirements for her Credentialed Cooperative Director (CCD) certificate through the National Rural Electric Cooperative Association (NRECA).

Koprek works at BNSF Railway as director of Learning & Development. She began her career at BNSF Railway in 2007 with various positions in Operations and Data Analytics and holds a bachelor's degree and master's degree from Texas A&M University, and a master's in industrial engineering from St. Mary's University. Professionally, she serves on BNSF's Women's Network Executive Board.

Koprek actively participates in her community, including support of the church and school at St. Elizabeth Ann Seton in Keller and the Diocese of Fort Worth.

Director Candidate Forum

The director forum will be virtual for all members. Take this time to get to know your director candidates and ask them questions before the voting period begins.

Join the Forum

Stream online: tcectexas.com/director-elections

Listen by phone: 855.710.6229

For more details regarding this year's director forum, please visit *tcectexas.com/director-elections*.



2023 DIRECTOR ELECTION: CANDIDATES



DISTRICT JERRY WALDEN

INCUMBENT

I am proud and grateful to be a 5th generation farmer and rancher of Parker County. I was raised in the small community of Authon on my family's farm where we produced peanuts, hay, and ran a cow-calf operation. Growing up on the farm taught me early on the values of hard work, problem solving, and conservation, just to name a few. Professionally, I have owned several construction-related businesses ranging from property improvement to custom home building.

I have been a TCEC member since 1974 and began serving as a director on the board in September of 1999. At that time our co-op had approximately 30,000 meters and today we have over 131,000. One of my goals as director has been to preserve the small business charm of TCEC, while providing the guidance necessary to allow it to grow to our ever-increasing needs. I obtained my Credential Cooperative Director certification through our national association, NRECA, and served in leadership positions within our broader cooperative network. Throughout my time as a director, I have served as the vice president and secretary/treasurer, as well as chair of board committees.

With the continuing growth of TCEC, as well as the state of Texas, we must make strategic decisions today to ensure sustainable and reliable electricity for the future. During my years as a director, many challenges and opportunities have faced TCEC. I addressed each with honesty and integrity, striving to make the best decisions for the benefit of the member-owners. I possess the years of knowledge that only experience can provide and, equally important, the ability to adapt to present and future needs.

In the community, I served on the Garner ISD school board for 10 years, including three as board president. Additionally, I have served on local advisory committees and community boards.

My wife Ronda and I have 3 children, 6 grandchildren, and 1 great-grandson. With our future generations in mind, I have a strong desire to be a good steward of our natural resources and environment. Natural gas is currently the most economical and reliable source of electricity generation, yet I am committed to the continued exploration, development, and use of alternative natural sources of energy production, like wind, solar, and other technologies yet to be discovered. In my opinion, whatever the future holds for electricity generation, it must be reliable, sustainable, and economical.

I have a broad knowledge of the electricity industry, from generation through transmission to your home. As your director I will continue to use common sense in providing leadership to TCEC. I am confident I am the best candidate to serve you as District 4 director. Thank you for bestowing your trust in me to represent you in the past. It would be an honor and privilege to serve you for the next three years.



DISTRICT
DAVID
MILLER
NOMINATION
CANDIDATE

4

David Miller is a lifelong resident of North Texas who carries tenured experience in municipal government and with non-profit organizations.

David started his career in law enforcement in the mid-1980s as a patrol officer for the Keller Police Department. Since that time, he has held the positions of Chief of Police, Director of Public Safety, Deputy City Manager, and City Administrator for the cities of Trophy Club, Kennedale, Forest Hill, Bedford, and Springtown. David is currently the City Administrator and Director of Public Safety for the City of Springtown where he has served since November 2017. In addition to his work in municipal government, David serves on the board of the United Way of Parker County, serves on the Equine Advisory Board for Weatherford College, and is the Chair of the Texas Commission on Law Enforcement's advisory board for Parker County. These posts are in addition to numerous other leadership roles for a myriad of local, state, and national professional organizations related to city management and law enforcement. David has done extensive work with state legislators throughout his tenure through the Texas Municipal League and other professional organizations. He is well versed in the legislative processes including but not limited to testifying in front of state subcommittees.

Outside of these efforts, David, along with his wife, Teresa, operates a therapeutic equine facility for children and adults with physical, intellectual, education and emotional disabilities, as well as for veterans, and those recovering from drug and alcohol addiction. Stars and Strides Stables is located in Peaster and utilizes therapeutic riding to aid in physical therapy, emotional growth and learning. Many riders experience a connection to the horse that few sports can create. Not only does this help raise their self-esteem but it also teaches them essential skills. It improves balance, creates trust and creates a friendship between rider and horse. The Millers established Stars and Strides in 2012 after being inspired by their daughter, Courtney, who experienced immense growth using equine-assisted therapy to overcome the challenges of her disability, Kabuki syndrome.

David is a longtime member of Northside Baptist Church where he continues to serve as a Bible teacher. David has been a resident of Parker County for more than 18 years and resides with his wife Teresa and their youngest daughter Courtney in Peaster.

2023 DIRECTOR ELECTION: CANDIDATES



JULIE WALDEN
PETITION
CANDIDATE



DISTRICT
STAN
MICKLE
PETITION
CANDIDATE

4

Julie Smith Walden believes in giving back to her community by being involved in various organizations including the Millsap Heritage Society, Millsap Ex-students Organization, Millsap Neighborhood Home and Garden Club and Millsap Alumni Foundation Board of Directors. Julie is a retired educator, after teaching Technology and coaching for 34 years. During her tenure as an educator, she was proud to establish the Fellowship of Christian Athletes at Peaster Middle School, she founded the Pee Wee Cheerleaders at Millsap, was Director and coach of Millsap Little Dribblers, Directed the Dance Team, and served as a PTO Officer.

Julie is an honor graduate of Millsap High School where she was involved in sports, cheerleading as well as several academic organizations. After High School, she attended Tarleton State University, graduating Magna Cum Laude and was inducted into the Alpha Chi Honor Society; all while working part-time and raising her two children. She holds a Bachelor of Science Degree in Education, with a major in Exercise and Sport Studies and a minor in Business. Julie holds a Real Estate License and has worked as a Realtor and office manager for a Real Estate firm. She is a member of Texas Association of Sports Officials and officiates Middle and High School Volleyball.

Walden attends Greenwood Baptist Church and is a member of the Women's Bible Study Group. She founded Dedicated Divas, a Bible group of approximately 500 women. Julie shares the word of God in a daily Bible verse with each of the members.

Julie is extremely proud of her children, Michael Barnes and Brandee Pemberton. Michael is Coordinator of Girls Athletics, Coach and Educator at Miles ISD. His wife Nicole is an educator and coach as well. They have three children. Brandee Pemberton, M.D., practices medicine at Star Family Medicine in Weatherford. Her husband Brian is an airline pilot based at DFW Airport. They have one son.

In her free time, Julie enjoys watching her grandchildren participate in sports and spends as much time with family as possible. Julie and her husband participate in Parker County Sheriff's Posse activities as well as other equine events. She and her husband enjoy ranch life and preserving our western heritage. They raise cattle in western Parker County. She is blessed with having the opportunity to be the caregiver of her 87 year young mother.

Stan Mickle is seeking a Board of Director position for District 4 at Tri-County Electric. Mickle aspires to bring new vision, fresh ideas, and quality leadership to the Tri-County Electric Board of Directors. He looks forward to the available training and conference networking to expand our local opportunities.

Mickle (57) is a Co-Founder and Partner of RXSoil Inc. RXSoil is a specialty chemical company providing sustainable remediation solutions to the oil & gas industry. Prior to RXSoil, Mickle spent 19 years in real estate and golf course development by designing, building, and operating Canyon West Golf Club.

Through his early years Stan was heavily involved in the equine reproductive industry. Mickle earned his Bachelor of Science from Tarleton State University with emphasis on Equine Reproductive Physiology. The Mickle family handled many of the famous legacy race, cutting and pleasure horses for almost four decades.

Mickle has lived in Parker County and has been a Tri-County user since 1974. He has been involved in many community efforts and fundraisers over the years.

THIS IS HOME PHOTO SUBMISSIONS

We asked our members to tell us what home means to them through photographs.

Here are our top submissions.

"THE RED CHAIR" BY MARK CAMPBELL

"I'm the 3rd generation to own this metal chair that's 60-plus years old. The Red Chair has been a nice place to sit and ponder for many Campbells."



TRI-COUNTY ELECTRIC CO-OP

"SERENITY"

BY DEBRA ARCA

"My quiet corner of my home."





"FRANCES AND THE FLYING T"
BY PAUL WYNNE

"Frances Lamb looks out on the pastures where four generations of her family have raised cattle on the family ranch."



"KITTY AND FLOWERS"
BY JOYCE GUTIERREZ
"Love blooms in a happy home."



"SUNSET"
BY WENDY HASELOFF
"This is a photo from our backyard sunset. There's nothing better than a Texas sunset!"



Arguing, they say, usually generates more heat than light. The goal of education is just the opposite: Lots of light, with as little heat as possible. 800944958

Fittingly, light plays a major role in the classrooms of Aledo ISD.

Aledo is among the fastest-growing school districts in Texas, and its voters approved major bond issues in 2019 and 2023. One of the challenges they face is building schools that meet students' needs far into the future while minimizing the impact of energy bills.

When it comes to measures that reduce electricity use, home and business owners, like students, can learn a few things from the schools.

Architect Joshua Cogburn, AIA, of the Fort Worth-based Huckabee Architects, and Chris Campbell, Aledo ISD's chief facilities and construction officer, walked us through the one-year-old McAnally Middle School campus at the start of the summer. The school, powered by Tri-County Electric Cooperative, was built to house 1,200 students in grades 6-8.

It exemplifies the thinking and technology that goes into a 21st-century school. Education is paramount, but energy efficiency is also a prime consideration.

HARNESSING LIGHT

Before you walk through the door, you can see how light is used in the building's façade.

"There are awnings on a lot of windows, or we have recessed the windows into a pocket," Cogburn said. "We're shading those windows – not leaving them directly exposed to sunlight."

The result is lots of natural light inside, but not much heat.

The low-E glass contains coatings that reflect infrared and ultraviolet light.

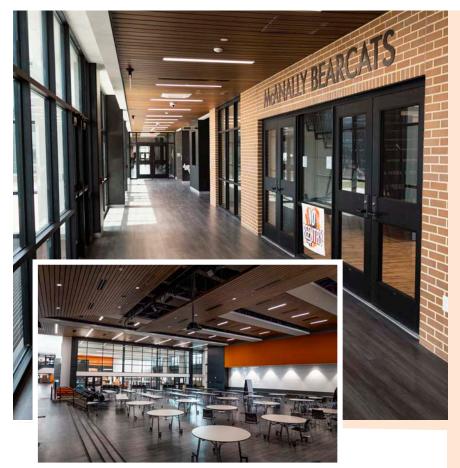
"Our goal was that it's a shaded light coming in," Cogburn said.

Classrooms are equipped with motion sensors that turn lights off when no one is around. Those are becoming more common in businesses and homes, but the school takes it a step further. "Light-harvesting" daylight sensors adjust the classroom's lights, lowering them in zones near the windows, to make maximum use of the natural light.

And all the lights are LED, which uses far less power than conventional lighting. 800753498

"Since it's a new building, we don't have any historic utility bills," Campbell said. "But compared to some of our older facilities, I would assume we're saving a lot just from that."





KEEPING THE HEAT DOWN

But light is only part of the energy equation. Heating and cooling use most of the power, and the school's new equipment is state-of-the-art. All the outside HVAC (heating, ventilation and air conditioning) units have energy recovery wheels that recycle exhaust air to pre-condition the incoming air and lower energy use.

Another key component is a control system that allows the district to monitor electricity use throughout the building and adjust where needed. 800824307

"The energy metering system gives us trend data," Campbell said. "We designed the building with a lot of assumptions, but if the demand doesn't actually meet that, we can downsize a transformer five years from now to something more efficient."

As for adjustments, the campus thermostat is on a set-point.

"We don't have it where you can be on 68° and I can be on 78° and she can be on 62° ," Campbell said. "We have a set point, and people can wear long sleeves or short sleeves."

During our tour the office, where the principal was working, was comfortable. But with the kids gone for the summer, the rest of the school was around 80° .

The exterior walls have at least R-19 insulation. And if Campbell's recommendation is followed, future Aledo ISD buildings will have highly reflective roofs to further reduce heat. 7000066507

Right: Aledo ISD's chief facilities and construction officer, Chris Campbell, shows off the energy metering system at McAnally Middle School on Old Weatherford Road.

THE TAKEAWAY

If you're a taxpayer in Aledo ISD, you probably appreciate that the school district is spending as little of your money as possible powering the schools. But what are the lessons for everyone else? There are several:

- Get as much natural light in your home as possible, but -
- Use awnings, trees or other structures to assure that it comes in shaded.
- Install motion-sensor light switches wherever possible.
- Use LED lighting as much as possible.
- Control those thermostats.
- · Stop air leaks.
- · Insulate walls and ceilings, and
- Upgrade your HVAC system if it's outdated.

To get control of your bill, it's important to know your energy use and what's behind it. Whether you're a school with 1,200 kids or a mom with three, if you're a Tri-County Electric Co-op member you already have a high-tech meter that can tell you a lot.

Download the TCEC Connect app, or go to teectexas.com and sign up for daily usage texts or emails. If you need help, one of our friendly, knowledgeable member services representatives can put you on the road to understanding and controlling your electricity use.

Energy enlightenment, it turns out, is pretty cool – but not too cool for school.





Tod Freeman I work for you

When you ask Hank "Tod" Freeman how he's doing, you'll always get, "Better than I deserve," and, if you're lucky, a growly laugh that bubbles up from his boots.

Freeman came to work at Tri-County Electric Co-op in 2022 and quickly earned his journeyman classification. With 40 years' experience working for contractors, he leads a crew in the Keller district.

"I chose Tri-County," he said. "I wouldn't work for just any co-op," he said. 8002215901

A native of Oregon, he started power line work in Odessa, Texas in 1982. He worked in Johnson County, did some work for Oncor, then started working

on Tri-County's lines in 2005.

"I worked in Keller, then I went to Azle," he said. "Derek Bisette is the reason I came to work here. I was fooling with him one day and he said, 'Man, if you're serious about it then you need to come apply. We've got a job for you."

Freeman can reel off a lot of Tri-County names: Carl Herridge to Kevin Helton and Kevin Mooney, back to Kenneth Williams, Butch Cox and Slocum Katrycz. Even though Bisette recruited him to work in Azle, Keller was closer for the longtime Arlington resident, and needed help just as badly.

Either way, Tod "just liked being around these Tri-County guys."

"I couldn't work around a better bunch of people," he said. "I didn't come in here with an attitude of 'I know it all' – I came in here with respect. I gave them the respect they deserve, and I got it back."

Freeman recently returned from the Gilmer area, where he was helping the Upshur Rural Electric Co-op recover from storm damage. Even off-duty, he spends most of his time in community service – making up for being "a knucklehead" as a young man. 8001055502

"When I say, 'Better than I deserve' I mean that," he said. "What I deserve is to be locked up or covered up. But it's all fun now," he said. "Life is grand today."

Check your eligibility and apply for financial assistance regarding the Brazos Financing Rider by visiting brazoshardshipfund.com or calling 844.770.8549.

Tri-County Electric Cooperative

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CONTACT US

200 Bailey Ranch Road Aledo, TX 76008 **Phone** 817-444-3201 **Web** tcectexas.com

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24/7 Outage Reporting

For information and to report outages, please contact us.

Online: oms.tcectexas.com App: TCEC Connect Phone: 817-444-3201 Text: OUTAGE to 25069

ABOUT TRI-COUNTY ELECTRIC CO-OP

Tri-County Electric Co-op owns and maintains more than 9,900 miles of line to provide electric service to more than 105,000 members in Archer, Baylor, Denton, Foard, Haskell, Hood, Jack, King, Knox, Palo Pinto, Parker, Stonewall, Tarrant, Throckmorton, Wilbarger, and Wise counties.

OFFICE LOCATIONS

Aledo

200 Bailey Ranch Road, Aledo 76008

Azle

600 NW Parkway, Azle 76020

Granbury

1623 Weatherford Highway, Granbury 76048

Keller

4900 Keller-Hicks Road, Fort Worth 76244

Sevmour

419 N. Main, Seymour 76380

IT PAYS TO STAY INFORMED

Find your account number in pages 16-23 of Texas Co-op Power, and you will receive a \$20 credit on your electric bill. Simply contact one of the offices listed above and make them aware of your discovery!

VISIT US ONLINE

tcectexas.com Facebook.com/TCECTexas

STAY COOK STATE OF THE PROPERTY OF THE PROPERT

TAKE COOL SHOWERS

If your house isn't cold – and there's no reason it should be, even with the air conditioner on – ease up on the hot showers. A cool shower will lower your body temperature and get you just as clean.

CHILL THE MEAL PLAN

Instead of baking, broiling, boiling, sauteing, or frying every night, opt for chopping fresh veggies, making colorful salads and satisfying your family's hunger with healthy raw foods that will fill them up and give your stove and oven a break. Cold desserts? That's the easy part. You can't go wrong with sorbet or ice cream straight from the freezer.



FILTER THE SUN

Install solar screens or window films on east- and west-facing windows so you can keep the heat out while still allowing light in.

SEAL LEAKS & CRACKS

You'll find them all over your home – around windows, doors, and electrical and cable outlets. It's easy to caulk and weatherstrip, and it's an activity you can do with your kids as you team them to use energy responsibly.

SCHEDULE A CHECKUP

Even if you skipped your air conditioner's spring maintenance, go ahead and schedule it now.

Your HVAC tech can tell you if your air conditioning unit is running efficiently – and can tweak it so it does.

It's important to raise the thermostat a bit during the summer – but also to make sure the cool air that does come into the home gets there efficiently.



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ravel the globe, without leaving home—with this set of the world's five most popular pure silver coins. Newly struck for 2023 in one ounce of fine silver, each coin will arrive in Brilliant Uncirculated (BU) condition. Your excursion includes stops in the United States, Canada, South Africa, China and Great Britain.

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Each of these coins is recognized for its breathtaking beauty, and for its stability even in unstable times, since each coin is backed by its government for weight, purity and legal-tender value.

2023 American Silver Eagle: The Silver Eagle is the most popular coin in the world, with its iconic Adolph Weinman Walking Liberty obverse backed by Emily Damstra's Eagle Landing reverse. Struck in 99.9% fine silver at the U.S. Mint.

2023 Canada Maple Leaf: A highly sought-after bullion coin since 1988, this 2023 issue includes the FIRST and likely only use of a transitional portrait, of the late Queen Elizabeth II. These are also expected to be the LAST Maple Leafs to bear Her Majesty's effigy. Struck in high-purity 99.99% fine silver at the Royal Canadian Mint.



2023 South African Krugerrand: The Krugerrand continues to be the best-known, most respected numismatic coin brand in the world. 2023 is the Silver Krugerrand's 6th year of issue. Struck in 99.9% fine silver at the South African Mint.

2023 China Silver Panda: 2023 is the 40th anniversary of the first silver Panda coin, issued in 1983. China Pandas are noted for their heart-warming one-year-only designs. Struck in 99.9% fine silver at the China Mint.

GovMint.com • 1300 Corporate Center Curve, Dept. WRD349-05, Eagan, MN 55121

2023 British Silver Britannia: One of the Royal Mint's flagship coins, this 2023 issue is the **FIRST** in the Silver Britannia series to carry the portrait of King Charles III, following the passing of Queen Elizabeth II. Struck in 99.9% fine silver.

Exquisite Designs Struck in Precious Silver

These coins, with stunningly gorgeous finishes and detailed designs that speak to their country of origin, are sure to hold a treasured place in your collection. Plus, they provide you with a unique way to stock up on precious silver. Here's a legacy you and your family will cherish. Act now!

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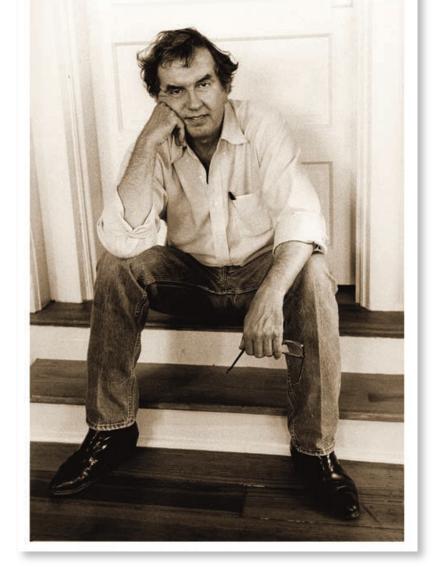
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A Page of the Past

Traces of real-life Texans ride through McMurtry's 'Lonesome Dove'

BY W.F. STRONG

MILLIONS OF COPIES of Larry McMurtry's Lonesome Dove have sold since the novel was published in 1985. The miniseries that followed in 1989 was likewise immensely popular. McMurtry himself called it the Gone With the Wind of the West, but he never loved the book as much as his fans. "You know most writers come to dislike their most popular books," he once told journalist John Spong. "Henry James hated Daisy Miller, which is what he is known by. He's probably written 35 other books. I feel a little that way about Lonesome Dove."

McMurtry said he never saw the miniseries. Maybe if he had, he would have better understood how endearingly Robert Duvall, Tommy Lee Jones and Diane Lane brought their characters to life. I can't help but wonder if those characters were modeled after real-life Texans.

But McMurtry said that that wasn't his aim. Though Woodrow Call has some attributes of Charles Goodnight, and Gus McCrae has some attributes of Oliver Loving, the novel's main characters were not modeled after actual historical figures. McMurtry said the book is not meant to be a faithful history of the era but rather one that has echoes of those times.

In fact, he sought to authentically demythologize the life of the cowboy and show how brutally difficult their lives were. "The whole book is permeated with criticism of the Old West from start to finish," he said.

Listen as W.F. Strong narrates this story on our website.



Nonetheless, McMurtry acknowledged that somehow Call and McCrae became celebrated heroes. He said a lot of people "were nostalgic for the culture of the Old West, though it was a terrible culture."

Bits of history did however make it into the book.

One event in the actual lives of Goodnight and Loving that's enlarged within the book is Loving's death. Goodnight returned his body from Fort Sumner, New Mexico, to Weatherford. In the novel, Call takes McCrae's body all the way from Montana to Texas, a much longer journey with far more drama.

Antagonist Blue Duck was a real Native American chief, but McMurtry said that was coincidental. He chose the name without realizing that, and that's where the similarity stops. But the character's death is without question similar to that of the Kiowa Chief Satanta, who killed himself while imprisoned.

The character Joshua Deets was inspired by Bose Ickard, a longtime friend of Goodnight. When Ickard died, Goodnight carved a fervent epitaph for him. McMurtry used quite similar words—and some of the exact ones—when Call carves an epitaph for Deets.

As we read on, we do encounter genuine historical figures, though their biographies are massaged—people like Judge Roy Bean, John Wesley Hardin and the ubiquitous Goodnight, who's never very chatty and always on the move.

Near the end of the book, a reporter exclaims to Call that people are saying he's a man of vision. He responds, "Yes, a hell of a vision." The real Goodnight actually said this line in a similar circumstance, referring to all the tough times and horror he had seen as a Texas Ranger and frontier rancher.

Sheet Pan Meals

All-in-one dishes make serving and cleanup a snap

BY VIANNEY RODRIGUEZ, FOOD EDITOR

If you're looking for the perfect less-mess sheet pan meal, try this flavorful and balanced steak dinner. This recipe, adapted from our friends at Beef Loving Texans, is so easy you'll want to make it all summer.



Cumin-Dusted Steak Sheet Pan Dinner

- 11/4 teaspoons ground cumin, divided use
- 11/4 teaspoons salt, divided use
- 1/4 teaspoon ground black pepper
- 11/4 pounds well-trimmed boneless top sirloin or flat iron steak (cut 1-inch thick)
- 1 pound unpeeled sweet potatoes, cut into 1-inch cubes or wedges (about 3 cups)
- 2 tablespoons olive oil, divided use
- 1/4 teaspoon chili powder
- 1 bag trimmed fresh green beans (12 ounces)
- 1 teaspoon garlic powder
- 1. Preheat oven to 450 degrees.
- **2.** Combine 1 teaspoon cumin, ¾ teaspoon salt and pepper in a small bowl. Apply the spice rub to both sides of the steak. Set aside.
- 3. In a large bowl, toss sweet potato cubes with 1½ tablespoons olive oil, remaining ¼ teaspoon cumin, ¼ teaspoon salt and chill powder. Spread potatoes across a baking sheet lined with foil or parchment. Bake 15 minutes. Turn potatoes and move them to one side of the baking sheet.
- **4.** Increase oven temperature to high broiler setting. Toss green beans with remaining ½ tablespoon olive oil, remaining ¼ teaspoon salt and garlic powder. Place green beans next to potatoes on the baking sheet. Place steak on an uncoated wire rack on top of the sheet pan, positioning the steak so that it's over the green beans.
- **5.** Broil steak on lower rack of oven for about 7 minutes. Turn steak and broil an additional 4–5 minutes for medium-rare to medium doneness (145–160 degrees). Remove steak from wire rack and let it sit for about 3 minutes before slicing and serving. Toss green beans with pan juices.

SERVES 5

Reprinted with permission from Beef Loving Texans.

Follow along with Vianney Rodriguez while she cooks in Cocina Gris at sweetlifebake.com, where she features a recipe for Spicy Sheet Pan Hash Browns.





No-Mess Shrimp Boil

HELENA WALLACE BRYAN TEXAS UTILITIES

If you've been craving a shrimp boil without all the hassle, we've got you covered with this delicious no-mess preparation.

- 2 pounds whole, unpeeled small Yukon potatoes
- 6 ears fresh corn, cut into 2–3 sections 1 large onion, peeled and quartered
- 2 pounds shrimp, peeled and deveined
- 2 packages smoked andouille sausage
 - (12 ounces each), sliced
- 1/2 cup (1 stick) unsalted butter
- 2 cloves garlic, minced
- 2 tablespoons Old Bay seasoning
- 4 tablespoons Italian seasoning
- 2 lemons, cut into wedges
- **1.** Preheat oven 400 degrees. Lightly oil 2 baking sheets.
- 2. Add potatoes to a large pot of boiling, salted water and cook 10 minutes or until tender. Add corn and onion in the last 5 minutes of the potatoes boiling. Drain.
- **3.** Spread potatoes, corn and onion onto baking sheets. Add the shrimp and sliced sausage.
- **4.** In a small saucepan over low heat, combine the butter, garlic and Old Bay seasoning and heat until melted. Remove from heat and stir in Italian seasoning.
- **5.** Pour butter mixture over prepared baking sheets, turning to coat all ingredients.
- **6.** Bake 12–15 minutes or until shrimp is fully cooked. Serve with lemon wedges.

SERVES 6-8

MORE RECIPES >



\$500 WINNER

Aunt Glo's Brandied Peach Chicken

BARBARA LOYD UNITED COOPERATIVE SERVICES



A tasty tribute to Loyd's Aunt Glo, this dish takes baked chicken to the next level.

SERVES 8

1/2 cup peach nectar 1/2 cup brandy

1/4 cup olive oil

2 medium shallots, minced

2 tablespoons brown sugar

1 teaspoon salt

1/4 teaspoon ground black pepper

4 pounds chicken breasts, skin on

1 jar peach preserves (12 ounces)

4 plums, sliced

1 cup halved seedless green grapes

- **1.** In a large bowl, combine nectar, brandy, olive oil, shallots, brown sugar, salt and pepper.
- **2.** Place chicken in mixture and turn to coat. Cover and refrigerate for several hours or overnight. Reserve marinade.
- **3.** Preheat oven to 350 degrees. Place chicken in a roasting pan, skin side down. Bake 15 minutes.
- **4.** Turn chicken, baste with reserved marinade and bake 30–40 minutes more or until chicken is cooked through.
- **5.** While the chicken bakes, heat the preserves in a saucepan and bring to a boil. Add sliced plums and grapes and simmer until softened. Serve warm chicken topped with the fruit sauce.

\$500 Recipe Contest

TEXAS CITRUS DUE AUGUST 10

How do you incorporate our state's wonderful grapefruit, oranges, lemons and limes in your recipes? Submit your best online by August 10 for a chance to win \$500.





Apple Sheet Pan Pancakes

CAROLYN BESSELMAN PEDERNALES EC

If you're looking to feed a crowd at brunch, these sheet pan pancakes are the ultimate treat. Apples, pecans, applesauce and brown sugar create a sinfully sweet topping.

- 2 apples, cored and diced
- 1 cup chopped pecans
- 1/2 cup dark brown sugar
- 1/4 cup applesauce
- 1 tablespoon ground cinnamon
- 21/2 cups buttermilk
- 1 teaspoon vanilla extract
- 21/2 cups flour
- 1 tablespoon baking powder
- 1 tablespoon sugar
- 1 teaspoon baking soda
- 1 tablespoon melted unsalted butter
- 1. Preheat oven to 425 degrees.
- 2. In a bowl, combine apples, pecans, brown sugar, applesauce and cinnamon and stir to mix. Set aside.
- 3. In another bowl, whisk together eggs, buttermilk and vanilla. In a large third bowl, whisk together flour, baking powder, sugar and baking soda.
- 4. Pour the egg mixture into the dry ingredients and stir gently until just combined. Do not overmix.

- 5. Brush the bottom and sides of a 13-by-18-inch rimmed baking sheet with butter.
- 6. Add the batter to the baking sheet, smoothing it evenly with the back of a
- 7. Dollop apple mixture by spoonfuls evenly over the batter. With a spoon, gently swirl the mixture into batter.
- 8. Bake 20-22 minutes, until golden brown and the top springs back when touched.
- 9. Remove from oven and serve with butter and syrup.

SERVES 10-14

We have more than 1,000 recipes in our online archive. Check out our website to find other options for entrées, breakfasts and desserts.

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HIT THE ROAD



Extracurricular Activities

A small-town schoolhouse is now a community-focused brewhouse

BY CHET GARNER

FOR MOST PEOPLE—including me—the idea of going back to school sends shivers down their spine. But what if the curriculum consisted of craft beer, live music and scratch-made food? That sort of school would have a waitlist the length of the Rio Grande. Lucky for all of us, this sort of continuing education actually exists near San Angelo at Farm Ale Brewing Co., inside an old schoolhouse in Eola. Class is in session!

Eola is a rural community surrounded by cotton fields as far as the eye can see. Its downtown consists of a few blocks, three churches and a single school building that for decades housed every grade in the public system—kindergarten through 12th. The school closed in the 1980s and sat vacant until 2006, when a group of thirsty Texans decided to turn it into a craft brewery. After all, turning grains into beer is a very scientific process.

I stepped inside and was immediately hit with a wave of nostalgia that was even stronger than the smell of fermenting grains. The bones of the old school are still intact. The classrooms are now dining rooms with chalkboards and flags. The wood-floored gymnasium is now full of family-friendly games, and the auditorium houses the entire production process, from brewing to canning. Farm Ale Brewing Co. brews its beer with as many local ingredients as possible and even gives a percentage of profits back to local farmers.

The biggest upgrade came to the school cafeteria, which now serves up incredible pizza, smash burgers and rotating specials such as meatloaf. Just like in my school days, I polished off my plate in record time and then headed to the schoolyard for recess—with the added bonus of live music.

ABOVE Chet does his homework at Farm Ale Brewing Co. in Eola, outside San Angelo.

Raise your hand if you want to see a video of Chet's visit to Farm Ale on our website. And see all his Texplorations on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event's website for scheduling details, and check our website for many more upcoming events.

AUGUST

11

Alpine [11–12] Big Bend Ranch Rodeo, (432) 837-2326, bigbendranchrodeo.com

Junction [11–12] Rodeo & Dance, (254) 212-9160, junctiontexas.com

12

Chappell Hill Wine and Cheese Stroll, (979) 337-9910, chappellhilltx.com

Denton North Texas Book Festival, ntbf.org

Grand Prairie Hatch Chile Fest, (972) 237-8084, grandfungp.com

Vanderpool Maples and Meteors Night Sky Fest, (830) 966-3413, tpwd.texas.gov

16

Brady [16–19] Heart of Texas Honky Tonk Fest, (325) 597-1895, heartoftexascountry.com

1/

Corsicana Jimmy Fortune: God and Country, (903) 874-7792, corsicanapalace.com

Johnson City [17–19] Blanco County Fair and Rodeo, bcfra.org

18

Palestine Wine in the Pines, 1-855-632–7729, texasstaterailroad.net

Bastrop [18–20, 25–26, Sept. 1–3] *Steel Magnolias***, (512) 200-3826, bastropoperahouse.org** 19

Bowie Outdoor Expo, (940) 872-6246, 959theranch.com

Chappell Hill Farmers Market, (832) 720-5685, chappellhillrv.com

Castroville [19–20] St. Louis Day Celebration, (830) 931-2826, saintlouisday.com

24

Fredericksburg [24–27] Gillespie County Fair, (830) 997-2359, gillespiefair.com

26

Crosby Kids Kicking Cancer, (281) 785-4098, addisfaithfoundation.org

Kerrville River Roadster Show, (830) 257-7300, kerrvilletx.gov

Lakeway [26–27] Cool Arts Show and Studio Tour, (512) 261-1010, lakewayartsdistrict.com

27

Stonewall LBJ's 115th Birthday, (830) 644-2252, tpwd.texas.gov

SEPTEMBER

01

Bandera [1–3] Western Heritage Music Festival, (830) 796-4849, banderacowboycapital.com

02

Brenham Seth James, (979) 337-7240, thebarnhillcenter.com

Kerrville Kerr County Market Days and Hill Country Swap Meet, (830) 459-6198, kerrmarketdays.org

W Submit Your Event

We pick events for the magazine directly from TexasCoopPower.com. Submit your November event by September 1, and it just might be featured in this calendar.





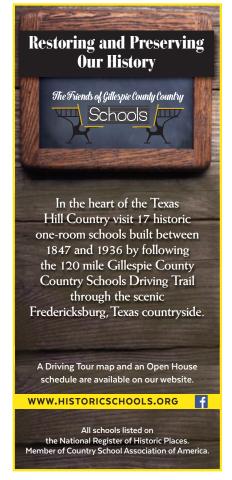
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Hoof and Horn

What a barnburner! This month readers answered the cattle call, and these prizewinning beasts moo-ved into first place. Now that the dust has settled, don't be baa-shful. Let's see who's best in show and who's just horsing around.

CURATED BY GRACE FULTZ

1 JEFFREY BENSON PEDERNALES EC

"The big boy from Study Butte down by Big Bend."

2 NICK GROSSMAN PEDERNALES EC

"Two wranglers heel and toe a calf in the arena."

3 CRYSTAL VALDEZ LYNTEGAR EC

"Muffin was born smaller than her two brothers, but she held on to fight against all odds."

4 MARIA CASTILLO COSERV

"This beauty was captured roaming the fields at my daughter's wedding venue in Terrell."







Upcoming Contests

DUE AUG 10 Mailboxes
DUE SEP 10 Local Landmarks
DUE OCT 10 Vibrant Color



Enter online at TexasCoopPower.com/contests.

See Focus on Texas on our website for more Hoof and Horn photos from readers.





Off the Hook?

The perfect tool, unused but ready, awaits the arrival of snakes

BY PATTY MOYNAHAN ILLUSTRATION BY TAYLOR CALLERY MANY A NATIVE TEXAN, beholding an expanse of ranchland, will sooner or later think: snakes. A few years ago, my husband and I bought a house in southwest Austin. Our backyard abuts a cattle ranch, and the two properties are demarcated by a wrought iron fence. The fence is by no means a shield. Its spires—a hand's width apart—offer space enough for critters to wriggle or slither through.

Before moving into the house, we'd heard about sightings in the area: rat snakes, ribbon snakes and garter snakes. Also rattlers, coral snakes and copperheads. I wasn't entirely sanguine about these reports. But I wasn't terrified either. When I was growing up in Bryan, my family often visited friends on a nearby ranch, where I'd learned to identify and avoid venomous snakes.

Soon after settling into our new house, a tall, narrow box arrived on our doorstep, a birthday present from my husband. As I unwrapped the gift, I saw a rubber grip and metal shaft and thought, ungratefully, that my husband had bought me a golf club. But it proved to be a tool far more useful to me than a 2-iron: a snake hook—a 43-inch stainless steel beauty, elegant in its simplicity.

The term "snake hook" can be misleading. No flesh is pierced. You ease the U-shaped hook under a snake and lift it. The snake dangles at the shaft's end, out of striking distance, while you figure out what to do next.

For a sublime moment, as I regarded the gift, I was as excited as *A Christmas Story*'s Ralphie with his BB gun. I imagined myself deftly hoisting a 2-pound rattler and ... and what? Flinging it over the fence? Passing it between the spires and dropping it onto the ranchland? The affronted snake could be back in my yard before I was in the house. The phrase "fool's errand" came to mind.

Alas, in four years, we've seen only one snake: a baby rattler, mortally wounded, perhaps dropped from a hawk's talons.

The snakes are out there, I am certain, but they've not been in evidence—so far.

My snake hook stands at the ready, on the back porch. I feel both relief and disappointment that I've not had to employ it for snake removal.

But we've discovered its myriad other uses. Before trimming bottom branches of lantana plants, I wave the hook under the plants to flush out any creatures. My husband uses the hook's pointy tip to pulverize abandoned mud dauber nests. And a snake hook is the perfect tool for retrieving a grandchild's stray crayons, puzzle pieces and grapes from beneath the living room sofa.

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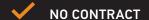
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